

Pl	Stnr	Name	Zeit															
D/H10 (4)				1.9 km	11 P													
				1(40)	2(60)	3(62)	4(54)	5(55)	6(56)	7(53)	8(57)	9(58)	10(59)	11(100)	Z			
1	37	Annkathrin Knoll Bielefelder TG	16:00	2:15	3:58	5:16	6:15	7:32	9:26	10:50	11:52	13:29	14:13	15:28	16:00	0:32		
2	99	Bela Stummer Preetzer TSV	17:24	3:08	5:56	7:39	8:23	9:26	10:42	11:49	12:43	13:57	15:39	16:44	17:24	0:40		
3	104	Jesko Stummer Preetzer TSV	19:37	2:55	5:36	7:32	8:24	9:35	11:38	13:10	14:32	16:45	17:28	19:00	19:37	0:37		
4	97	Alma Johanna Gies Malmö OK	22:41	2:32	4:54	7:02	8:23	10:40	13:31	15:21	16:36	18:52	20:02	22:04	22:41	0:37		
D12 (1)				2.3 km	15 P													
				1(40)	2(50)	3(54)	4(69)	5(55)	6(61)	7(42)	8(56)	9(53)	10(32)	11(57)	12(58)	13(39)	14(41)	
1	45	Annika Stamer Preetzer TSV	22:03	1:25	3:47	5:14	6:43	7:52	10:03	11:21	12:38	14:01	14:36	15:15	16:40	18:42	20:08	
				15(100)	Z													
				1:25	2:22	1:27	1:29	1:09	2:11	1:18	1:17	1:23	0:35	0:39	1:25	2:02	1:26	
				21:24	22:03													
				1:16	0:39													
H12 (3)				2.3 km	15 P													
				1(40)	2(50)	3(54)	4(69)	5(55)	6(61)	7(42)	8(56)	9(53)	10(32)	11(57)	12(58)	13(39)	14(41)	
1	67	Philipp Notbom TSV Nusse	17:46	1:48	3:57	5:21	5:51	6:45	8:29	9:44	11:12	12:39	13:10	13:41	14:46	15:24	16:20	
				15(100)	Z													
				1:48	2:09	1:24	0:30	0:54	1:44	1:15	1:28	1:27	0:31	0:31	1:05	0:38	0:56	
				17:19	17:46													
				0:59	0:27													
2	53	Jan Kahl Preetzer TSV	20:46	1:24	3:10	5:31	6:08	7:19	9:18	11:11	12:36	14:22	14:59	15:45	17:30	18:09	19:10	
				1:24	1:46	2:21	0:37	1:11	1:59	1:53	1:25	1:46	0:37	0:46	1:45	0:39	1:01	
				20:20	20:46													
				1:10	0:26													
	105	Bela Stummer Preetzer TSV	Fehlst	---	5:43	8:18	12:32	13:57	16:33	18:35	20:19	21:59	23:55	24:36	26:06	26:55	30:47	
				31:37	32:05	2:35	4:14	1:25	2:36	2:02	1:44	1:40	1:56	0:41	1:30	0:49	3:52	
				0:50	0:28													
D14 (4)				3.3 km	14 P													
				1(45)	2(31)	3(32)	4(33)	5(61)	6(43)	7(42)	8(37)	9(44)	10(38)	11(51)	12(50)	13(41)	14(100)	
1	82	Lina Buchberger MTV Seesen	28:40	4:13	5:47	6:55	9:27	10:03	11:00	12:30	17:25	19:12	21:09	22:42	24:39	27:25	28:16	
				4:13	1:34	1:08	2:32	0:36	0:57	1:30	4:55	1:47	1:57	1:33	1:57	2:46	0:51	
				28:40														
				0:24														
2	42	Emma Caspari OL Team Lippe	33:49	4:46	7:02	8:25	11:50	12:45	13:46	15:40	21:22	23:34	25:29	27:14	29:39	32:35	33:26	
				4:46	2:16	1:23	3:25	0:55	1:01	1:54	5:42	2:12	1:55	1:45	2:25	2:56	0:51	
				33:49														
				0:23														
3	5	Kiana Meisel OLV Uslar	45:01	4:54	8:42	13:59	17:36	18:22	19:34	22:12	29:08	31:32	34:03	35:56	38:47	43:18	44:33	
				4:54	3:48	5:17	3:37	0:46	1:12	2:38	6:56	2:24	2:31	1:53	2:51	4:31	1:15	
				45:01														
				0:28														
AK	11	Carolina Bergmann OLV Uslar	1:02:31	8:39	15:45	17:58	22:34	24:08	25:45	30:11	39:47	43:56	49:32	52:22	55:28	1:00:16	1:02:00	
				8:39	7:06	2:13	4:36	1:34	1:37	4:26	9:36	4:09	5:36	2:50	3:06	4:48	1:44	
				1:02:31														
				0:31														
H14 (14)				3.3 km	14 P													
				1(45)	2(31)	3(32)	4(33)	5(61)	6(43)	7(42)	8(37)	9(44)	10(38)	11(51)	12(50)	13(41)	14(100)	
1	44	Konrad Stamer Preetzer TSV	24:12	3:28	4:42	5:26	7:37	8:14	8:50	10:07	14:21	15:54	17:43	18:49	20:18	22:50	23:46	
				3:28	1:14	0:44	2:11	0:37	0:36	1:17	4:14	1:33	1:49	1:06	1:29	2:32	0:56	
				24:12														
				0:26														
2	61	Tom Buchholz MTK Bad Harzburg	26:06	4:25	5:39	6:39	8:49	10:26	11:04	12:16	16:15	17:52	19:37	20:52	22:25	24:48	25:39	
				4:25	1:14	1:00	2:10	1:37	0:38	1:12	3:59	1:37	1:45	1:15	1:33	2:23	0:51	
				26:06														
				0:27														
3	36	Anton Knoll Bielefelder TG	26:15	3:54	5:07	6:31	9:35	10:06	11:02	12:31	16:32	18:23	19:50	21:06	22:35	24:58	25:54	
				3:54	1:13	1:24	3:04	0:31	0:56	1:29	4:01	1:51	1:27	1:16	1:29	2:23	0:56	
				26:15														
				0:21														
4	83	Aaron Wandelt MTV Seesen	30:29	4:54	6:18	7:23	10:02	10:42	11:39	13:20	18:26	20:15	22:25	23:50	25:35	28:57	29:59	
				4:54	1:24	1:05	2:39	0:40	0:57	1:41	5:06	1:49	2:10	1:25	1:45	3:22	1:02	
				30:29														
				0:30														
5	95	Kristaps Grahl SSV Planeta Radeb	31:05	4:34	6:24	7:23	10:15	11:06	11:54	13:43	19:37	22:25	24:03	25:20	26:52	29:40	30:42	
				4:34	1:50	0:59	2:52	0:51	0:48	1:49	5:54	2:48	1:38	1:17	1:32	2:48	1:02	
				31:05														
				0:23														
6	85	Julius Wandelt MTV Seesen	37:25	5:02	7:25	9:24	12:32	13:42	14:44	16:38	22:40	25:25	27:38	29:30	31:57	35:57	36:56	
				5:02	2:23	1:59	3:08	1:10	1:02	1:54	6:02	2:45	2:13	1:52	2:27	4:00	0:59	
				37:25														
				0:29														

Pl	Stnr	Name	Zeit																
H14 (14)				3.3 km	14 P	<i>(Forts.)</i>													
				1(45) Z	2(31)	3(32)	4(33)	5(61)	6(43)	7(42)	8(37)	9(44)	10(38)	11(51)	12(50)	13(41)	14(100)		
7	84	Theo Hennseler MTV Seesen	37:34	5:36 5:36 37:34 0:31	7:15 1:39	8:33 1:18	10:55 2:22	11:57 1:02	12:55 0:58	14:25 1:30	18:56 4:31	22:07 3:11	24:17 2:10	26:23 2:06	29:33 3:10	35:17 5:44	37:03 1:46		
8	62	Marcel Ackermann TSV Nusse	38:39	5:23 5:23 38:39 0:24	7:55 2:32	8:59 1:04	11:50 2:51	12:28 0:38	13:27 0:59	15:06 1:39	21:59 6:53	26:37 4:38	29:33 2:56	31:34 2:01	34:22 2:48	37:08 2:46	38:15 1:07		
9	66	Finn-Morten Nolte TSV Nusse	39:14	4:36 4:36 39:14 0:25	7:15 2:39	9:51 2:36	12:47 2:56	18:12 5:25	19:22 1:10	20:49 1:27	25:55 5:06	29:20 3:25	31:30 2:10	33:00 1:30	34:55 1:55	37:58 3:03	38:49 0:51		
10	86	Till Buchberger MTV Seesen	43:13	6:20 6:20 43:13 0:39	8:47 2:27	10:30 1:43	13:49 3:19	16:21 2:32	17:39 1:18	21:15 3:36	28:06 6:51	30:35 2:29	33:46 3:11	35:30 1:44	38:11 2:41	41:15 3:04	42:34 1:19		
11	15	Bennet Kloth Lübecker Turnerscl	44:06	8:18 8:18 44:06 0:26	10:01 1:43	11:30 1:29	13:52 2:22	14:28 0:36	15:24 0:56	17:09 1:45	28:17 11:08	31:45 3:28	34:03 2:18	35:20 1:17	37:33 2:13	42:26 4:53	43:40 1:14		
12	52	Max Kahl Preetzer TSV	45:25	7:34 7:34 45:25 0:28	10:28 2:54	12:31 2:03	17:11 4:40	19:48 2:37	21:59 2:11	24:44 2:45	30:55 6:11	33:28 2:33	35:41 2:13	37:38 1:57	39:58 2:20	44:02 4:04	44:57 0:55		
13	47	Tim Rosenau Preetzer TSV	52:03	7:19 7:19 52:03 0:30	10:55 3:36	13:17 2:22	18:47 5:30	19:55 1:08	21:16 1:21	23:22 2:06	29:32 6:10	36:54 7:22	40:28 3:34	42:57 2:29	45:36 2:39	50:22 4:46	51:33 1:11		
	55	Felix Gasior Preetzer TSV	Fehlst	7:03 7:03 52:36 0:30	9:34 2:31	11:54 2:20	15:44 3:50	17:26 1:42	18:55 1:29	21:34 2:39	28:23 6:49	---	37:28 9:05	40:55 3:27	44:52 3:57	50:57 6:05	52:06 1:09		
D15-18 (3)				4.1 km	15 P														
				1(73) 15(100) Z	2(32)	3(51)	4(33)	5(34)	6(36)	7(72)	8(71)	9(37)	10(69)	11(38)	12(50)	13(41)	14(70)		
1	58	Solia Stamer MTK Bad Harzburg	41:20	2:20 2:20 40:59 0:43	6:34 4:14	9:47 3:13	11:11 1:24	16:53 5:42	23:31 6:38	24:59 1:28	27:12 2:13	30:54 3:42	32:10 1:16	34:00 1:50	35:32 1:32	38:49 3:17	40:16 1:27		
2	30	Leonie Zembold VfL Hitzhusen	43:11	1:29 1:29 42:46 0:44	5:15 3:46	7:20 2:05	9:10 1:50	14:54 5:44	21:48 6:54	25:31 3:43	27:44 2:13	31:32 3:48	33:18 1:46	35:00 1:42	36:52 1:52	40:20 3:28	42:02 1:42		
3	29	Ina Krogmann VfL Hitzhusen	1:42:12	6:28 6:28 1:41:42 1:04	10:35 4:07	13:48 3:13	15:22 1:34	25:06 9:44	51:51 26:45	1:11:59 20:08	1:21:07 9:08	1:29:46 8:39	1:32:06 2:20	1:33:46 1:40	1:35:40 1:54	1:39:37 3:57	1:40:38 1:01		
H15-18 (8)				5.1 km	19 P														
				1(52) 15(37) Z	2(32)	3(61)	4(43)	5(42)	6(33)	7(34)	8(46)	9(47)	10(35)	11(71)	12(72)	13(36)	14(49)		
1	21	Timo Kreyer SC Klecken	40:15	2:18 2:18 32:12 2:40	4:14 1:56	6:35 2:21	7:11 0:36	8:38 1:27	9:54 1:16	14:48 4:54	17:27 2:39	18:22 0:55	20:01 1:39	25:13 5:12	27:04 1:51	28:12 1:08	29:32 1:20		
2	22	Lennart Gooß SC Klecken	46:14	2:52 2:52 38:07 2:30	7:01 4:09	11:29 4:28	12:08 0:39	13:28 1:20	14:39 1:11	19:48 5:09	23:05 3:17	24:07 1:02	25:42 1:35	31:08 5:26	33:07 1:59	34:24 1:17	35:37 1:13		
3	9	Felix Drese OLV Uslar	48:24	2:34 2:34 39:11 2:11	5:10 2:36	8:04 2:54	8:51 0:47	10:28 1:37	11:28 1:00	17:56 6:28	21:39 3:43	22:49 1:10	24:20 1:31	30:48 6:28	33:15 2:27	35:47 2:32	37:00 1:13		
4	57	Nilas Stamer SV Hildesia Diekhol	48:38	3:10 3:10 38:55 2:51	5:00 1:50	8:00 3:00	8:49 0:49	10:28 1:39	11:52 1:24	17:04 5:12	20:29 3:25	21:41 1:12	23:39 1:58	30:37 6:58	32:58 2:21	34:45 1:47	36:04 1:19		
5	68	Max Hoffmann TSV Nusse	54:26	2:49 2:49 44:00 2:46	4:48 1:59	8:15 3:27	9:00 0:45	10:46 1:46	12:17 1:31	19:06 6:49	24:01 4:55	25:15 1:14	27:34 2:19	35:12 7:38	38:08 2:56	39:41 1:33	41:14 1:33		
6	69	Jakob Maaß TSV Nusse	55:17	2:23 2:23 39:09 3:09	4:26 2:03	7:15 2:49	8:01 0:46	9:30 1:29	10:41 1:11	16:11 5:30	19:19 3:08	20:30 1:11	22:20 1:50	29:06 6:46	32:09 3:03	34:14 2:05	36:00 1:46		
7	4	Arne Schliebener OLV Uslar	1:05:47	2:56 2:56 51:32 3:07	5:28 2:32	10:21 4:53	11:26 1:05	13:28 2:02	14:50 1:22	23:15 8:25	28:46 5:31	30:00 1:14	32:24 2:24	40:53 8:29	44:14 3:21	46:45 2:31	48:25 1:40		

Pl	Stnr	Name	Zeit																
H15-18 (8)				5.1 km	19 P	(Forts.)													
				1(52) 15(37)	2(32) 16(51)	3(61) 17(45)	4(43) 18(39)	5(42) 19(100)	6(33) Z	7(34)	8(46)	9(47)	10(35)	11(71)	12(72)	13(36)	14(49)		
	56	Matti Bruns MTK Bad Harzburg	Fehlst	4:49 4:49 ----	8:56 4:07 13:49	15:44 6:48 3:46	17:23 1:39 2:46	20:24 3:01 3:16	22:28 2:04 1:05	34:31 12:03	40:24 5:53	42:16 1:52	45:22 3:06	----	----	----	----		
D19 (8)				5.1 km	19 P														
				1(52) 15(37)	2(32) 16(51)	3(61) 17(45)	4(43) 18(39)	5(42) 19(100)	6(33) Z	7(34)	8(46)	9(47)	10(35)	11(71)	12(72)	13(36)	14(49)		
1	43	Mariann Ulvestad Preetzer TSV	41:31	2:05 2:05 32:49	3:54 1:49 36:12	6:16 2:22 38:08	6:57 0:41 39:32	8:20 1:23 41:07	9:30 1:10 41:31	14:07 4:37	17:23 3:16	18:25 1:02	20:00 1:35	25:07 5:07	27:06 1:59	29:16 2:10	30:21 1:05		
2	94	Ieva Grahl SSV Planeta Radeb	45:34	2:25 2:25 35:41 3:54	4:24 1:59 39:35 3:54	7:07 2:43 41:54 2:19	7:52 0:45 43:24 1:30	9:21 1:29 45:06 1:42	10:35 1:14 45:34 0:28	15:36 5:01	18:54 3:18	19:54 1:00	21:23 1:29	26:34 5:11	28:49 2:15	30:29 1:40	31:47 1:18		
3	60	Esther Stamer MTK Bad Harzburg	46:32	2:05 2:05	4:01 1:56	6:55 2:54	7:47 0:52	9:17 1:30	10:27 1:10	15:58 5:31	19:16 3:18	20:37 1:21	22:38 2:01	27:55 5:17	30:12 2:17	33:09 2:57	34:34 1:25		
4	103	Annika Strauß SV Hildesia Diekhol	52:37	2:44 2:44 42:28 3:19	4:57 2:13 46:30 4:02	8:40 3:43 48:55 2:25	9:41 1:01 50:22 1:27	11:25 1:44 52:08 1:46	12:50 1:25 52:37 0:29	19:08 6:18	23:11 4:03	24:19 1:08	26:13 1:54	32:47 6:34	35:38 2:51	37:49 2:11	39:09 1:20		
5	35	Caroline Knoll Bielefelder TG	55:09	3:48 3:48 44:36 3:46	5:59 2:11 48:40 4:04	8:58 2:59 51:20 2:40	9:55 0:57 52:51 1:31	11:40 1:45 54:39 1:48	14:13 2:33 55:09 0:30	20:22 6:09	24:17 3:55	25:28 1:11	27:28 2:00	33:28 6:00	36:21 2:53	38:56 2:35	40:50 1:54		
6	40	Pia Caspari OL Team Lippe	1:07:22	4:51 4:51 54:48 3:29	7:25 2:34 59:35 4:47	12:40 5:15 1:02:40 3:05	13:37 0:57 1:04:49 2:09	15:37 2:00 1:06:56 2:07	17:25 1:48 1:07:22 0:26	27:32 10:07	32:22 4:50	33:57 1:35	35:54 1:57	44:02 8:08	47:03 3:01	49:16 2:13	51:19 2:03		
7	31	Heike Holm VfL Hitzhusen	1:17:03	4:11 4:11 1:01:07 4:18	7:22 3:11 1:07:42 6:35	11:14 3:52 1:11:07 3:25	13:07 1:53 1:13:37 2:30	15:47 2:40 1:16:24 2:47	18:06 2:19 1:17:03 0:39	27:12 9:06	32:01 4:49	34:15 2:14	37:06 2:51	46:28 9:22	49:41 3:13	52:52 3:11	56:49 3:57		
	70	Frida Maaß TSV Nusse	Fehlst	----- 1:12:12 6:50	15:27 1:19:20 7:08	19:39 1:23:06 3:46	20:53 1:25:27 2:21	23:29 1:28:02 2:35	25:54 1:28:36 0:34	34:21 8:27	40:21 6:00	42:32 2:11	45:05 2:33	54:54 9:49	58:56 4:02	1:01:34 2:38	1:05:22 3:48		
H19 (15)				6.3 km	21 P														
				1(50) 15(72)	2(32) 16(71)	3(31) 17(37)	4(45) 18(38)	5(61) 19(39)	6(43) 20(70)	7(42) 21(100)	8(33) Z	9(34)	10(46)	11(47)	12(35)	13(48)	14(36)		
1	98	Paul Lützkendorf OLV Weimar	34:24	1:53 1:53 24:21	3:16 1:23 25:43	3:54 0:38 28:02	4:45 0:51 29:37	7:20 2:35 32:07	7:50 0:30 33:34	8:53 1:03 34:04	9:35 0:42 34:24	13:03 3:28	15:07 2:04	15:41 0:34	16:50 1:09	18:55 2:05	23:29 4:34		
2	25	Markus Dresel SC Klecken	39:20	2:16 2:16 27:18 1:03	4:04 1:48 28:56 1:38	5:00 0:56 31:11 2:15	6:01 1:01 33:00 1:49	8:44 2:43 35:39 2:39	9:21 0:37 37:51 2:12	10:35 1:14 38:53 1:02	11:32 0:57 39:20 0:27	15:18 3:46	17:27 2:09	18:07 0:40	19:13 1:06	21:24 2:11	26:15 4:51		
3	59	Joachim Stamer MTK Bad Harzburg	41:02	2:22 2:22 29:14 1:10	4:13 1:51 30:53 1:39	5:03 0:50 33:36 2:43	6:00 0:57 35:25 1:49	8:59 2:59 38:21 2:56	9:36 0:37 40:00 1:39	9:36 1:08 40:36 0:36	10:44 0:56 41:02 0:26	15:43 4:03	18:13 2:30	18:56 0:43	20:08 1:12	22:36 2:28	28:04 5:28		
4	34	Thies Knoll Bielefelder TG	43:00	2:13 2:13 30:46 1:06	3:53 1:40 32:29 1:43	4:44 0:51 35:24 2:55	5:41 0:57 37:20 1:56	8:52 3:11 40:13 2:53	9:30 0:38 42:01 1:48	10:44 1:14 42:38 0:37	11:35 0:51 43:00 0:22	16:16 4:41	19:39 3:23	20:45 1:06	22:07 1:22	24:30 2:23	29:40 5:10		
5	3	Jan Schliebener OLV Uslar	43:41	2:09 2:09 30:50 1:12	4:00 1:51 32:36 1:46	4:48 0:48 35:24 2:48	5:51 1:03 37:46 2:22	8:59 3:08 40:48 3:02	9:37 0:38 42:38 1:50	11:10 1:33 43:15 0:37	12:06 0:56 43:41 0:26	16:42 4:36	19:20 2:38	20:05 0:45	21:26 1:21	23:56 2:30	29:38 5:42		
6	12	Torben Timmerman Lübecker Turnerschf	44:13	2:07 2:07 31:44 1:20	3:46 1:39 33:47 2:03	4:37 0:51 36:38 2:51	5:40 1:03 38:38 2:00	8:48 3:08 41:33 2:55	9:25 0:37 43:14 1:41	10:43 1:18 43:48 0:34	11:35 0:52 44:13 0:25	15:47 4:12	19:02 3:15	19:44 0:42	20:59 1:15	24:12 3:13	30:24 6:12		
7	26	Jonas Dresel SC Klecken	45:15	2:30 2:30 32:00 1:42	4:23 1:53 33:46 1:46	5:10 0:47 36:59 3:13	6:09 0:59 39:21 2:22	10:11 4:02 42:31 3:10	10:46 0:35 44:22 1:51	12:01 1:15 44:58 0:36	12:52 0:51 45:15 0:17	17:01 4:09	19:41 2:40	20:28 0:47	21:48 1:20	24:24 2:36	30:18 5:54		
8	72	Jens Struckmann Braunschweiger M1	45:42	2:28 2:28 32:28 1:15	4:17 1:49 35:01 2:33	5:30 1:13 37:53 2:52	6:36 1:06 40:01 2:08	9:42 3:06 42:56 2:55	10:28 0:46 44:39 1:43	11:40 1:12 45:18 0:39	12:41 1:01 45:42 0:24	17:03 4:22	19:40 2:37	21:00 1:20	22:23 1:23	24:52 2:29	31:13 6:21		
9	48	Frederik Requate Preetzer TSV	46:30	2:24 2:24 32:26 1:19	4:28 2:04 35:45 3:19	5:12 0:44 38:48 3:03	6:15 1:03 40:55 2:07	9:03 2:48 43:39 2:44	9:55 0:52 45:33 1:54	11:13 1:18 46:07 0:34	12:18 1:05 46:30 0:23	16:41 4:23	19:27 2:46	20:27 1:00	21:49 1:22	24:47 2:58	31:07 6:20		

Table with columns: Pl, Stnr, Name, Zeit, 6.3 km, 21 P, (Forts.), 1(50), 2(32), 3(31), 4(45), 5(61), 6(43), 7(42), 8(33), 9(34), 10(46), 11(47), 12(35), 13(48), 14(36). Rows include categories H19 (15), H35 (6), and D45 (10) with athlete names, times, and split results.

Pl	Stnr	Name	Zeit															
D45 (10)				4.1 km	15 P	<i>(Forts.)</i>												
				1(73) 15(100)	2(32) Z	3(51)	4(33)	5(34)	6(36)	7(72)	8(71)	9(37)	10(69)	11(38)	12(50)	13(41)	14(70)	
7	51	Kirsten Kock Preetzer TSV	48:10	1:48 1:48 47:43 0:44	4:43 2:55 48:10 0:27	8:05 3:22	10:45 2:40	16:38 5:53	23:28 6:50	25:41 2:13	27:52 2:11	35:11 7:19	38:06 2:55	40:19 2:13	42:21 2:02	45:26 3:05	46:59 1:33	
8	27	Barbara Dresel SC Klecken	48:36	2:13 2:13 47:48 1:01	5:56 3:43 48:36 0:48	8:42 2:46	10:50 2:08	17:59 7:09	25:49 7:50	27:37 1:48	30:15 2:38	35:05 4:50	36:54 1:49	38:43 1:49	40:52 2:09	44:45 3:53	46:47 2:02	
9	90	Claudia Leibbrandt TSV Malente	53:47	3:08 3:08 53:16 1:08	6:31 3:23 53:47 0:31	10:52 4:21	13:11 2:19	21:33 8:22	30:37 9:04	32:37 2:00	35:48 3:11	41:10 5:22	43:08 1:58	45:07 1:59	47:08 2:01	50:31 3:23	52:08 1:37	
AK	20	Julia Leventon SC Klecken	1:11:18	2:47 2:47 1:10:31 1:14	7:07 4:20 1:11:18 0:47	10:35 3:28	13:34 2:59	23:26 9:52	34:59 11:33	37:52 2:53	41:43 3:51	48:32 6:49	55:18 6:46	58:14 2:56	1:01:19 3:05	1:06:43 5:24	1:09:17 2:34	
H45 (10)				5.1 km	19 P													
				1(52) 15(37)	2(32) 16(51)	3(61) 17(45)	4(43) 18(39)	5(42) 19(100)	6(33) Z	7(34)	8(46)	9(47)	10(35)	11(71)	12(72)	13(36)	14(49)	
1	1	Jörg Höfer TSV Malente	43:53	2:31 2:31 34:45 2:28	4:29 1:58 38:02 3:17	7:14 2:45	8:04 0:50	9:35 1:31	10:38 1:03	16:08 5:30	19:15 3:07	20:10 0:55	21:43 1:33	27:25 5:42	29:36 2:11	31:01 1:25	32:17 1:16	
1	65	Christian Nolte TSV Nusse	43:53	2:13 2:13 35:07 2:13	4:10 1:57 38:32 3:25	6:51 2:41	7:37 0:46	9:24 1:47	10:41 1:17	16:38 5:57	20:00 3:22	20:54 0:54	22:24 1:30	27:40 5:16	29:52 2:12	31:42 1:50	32:54 1:12	
3	33	Dirk Andersson TSV Malente	44:04	2:51 2:51 35:12 2:39	4:51 2:00 38:30 3:18	7:39 2:48	8:28 0:49	9:48 1:20	11:08 1:20	16:13 5:05	19:37 3:24	20:35 0:58	22:03 1:28	28:02 5:59	30:05 2:03	31:21 1:16	32:33 1:12	
4	110	Jochen Morawietz Preetzer TSV	51:15	3:02 3:02 39:21 2:43	5:25 2:23 43:11 3:50	8:36 3:11	9:26 0:50	11:07 1:41	12:19 1:12	17:39 5:20	21:18 3:39	22:25 1:07	24:07 1:42	30:04 5:57	33:12 3:08	34:44 1:32	36:38 1:54	
5	81	René Wandelt MTV Seesen	51:54	2:40 2:40 41:07 2:34	5:30 2:50 45:17 4:10	9:55 4:25	10:47 0:52	12:18 1:31	13:35 1:17	19:13 5:38	23:00 3:47	24:06 1:06	26:01 1:55	32:46 6:45	35:43 2:57	37:12 1:29	38:33 1:21	
6	100	Thorsten Stummer Preetzer TSV	56:36	3:02 3:02 46:09 2:57	5:25 2:23 50:21 4:12	10:28 5:03	11:31 1:03	13:02 1:31	14:34 1:32	20:59 6:25	26:58 5:59	28:21 1:23	30:05 1:44	35:54 5:49	39:11 3:17	41:54 2:43	43:12 1:18	
7	93	Matthias Dittmers TSV Malente	57:30	2:25 2:25 46:49 2:37	4:36 2:11 50:54 4:05	7:41 3:05	8:30 0:49	10:07 1:37	11:44 1:37	18:14 6:30	21:50 3:36	22:57 1:07	24:43 1:46	39:03 14:20	41:22 2:19	42:50 1:28	44:12 1:22	
8	80	Christian Buchberg MTV Seesen	57:53	3:16 3:16 46:42 3:03	5:28 2:12 50:55 4:13	8:40 3:12	9:53 1:13	11:44 1:51	13:20 1:36	19:16 5:56	23:02 3:46	24:18 1:16	26:35 2:17	32:24 5:49	34:51 2:27	38:08 3:17	43:39 5:31	
9	87	Stefan Ackermann ESV Büchen	58:17	2:45 2:45 45:09 2:35	5:03 2:18 51:35 6:26	8:38 3:35	10:06 1:28	11:42 1:36	12:49 1:07	19:52 7:03	24:11 4:19	25:35 1:24	27:10 1:35	36:55 9:45	39:29 2:34	41:16 1:47	42:34 1:18	
10	14	Wolfgang Kloth Lübecker Turnersct	1:01:29	3:19 3:19 48:09 3:15	5:56 2:37 53:07 4:58	9:49 3:53	10:40 0:51	13:07 2:27	15:11 2:04	22:02 6:51	26:24 4:22	27:44 1:20	29:39 1:55	37:02 7:23	40:44 3:42	43:04 2:20	44:54 1:50	
H55 (8)				4.1 km	15 P													
				1(73) 15(100)	2(32) Z	3(51)	4(33)	5(34)	6(36)	7(72)	8(71)	9(37)	10(69)	11(38)	12(50)	13(41)	14(70)	
1	8	Werner Drese OLV Uslar	33:23	1:22 1:22 32:56 0:41	3:55 2:33 33:23 0:27	5:52 1:57	7:20 1:28	12:20 5:00	17:52 5:32	19:07 1:15	20:56 1:49	24:37 3:41	25:53 1:16	27:05 1:12	28:32 1:27	31:02 2:30	32:15 1:13	
2	23	Uwe Dresel SC Klecken	35:02	1:31 1:31 34:36 0:46	4:15 2:44 35:02 0:26	6:21 2:06	7:53 1:32	12:31 4:38	18:04 5:33	19:32 1:28	22:22 2:50	25:39 3:17	27:03 1:24	28:24 1:21	29:55 1:31	32:29 2:34	33:50 1:21	
3	2	Stephan Schliebene OLV Uslar	36:02	1:16 1:16 35:33 0:44	4:38 3:22 36:02 0:29	6:30 1:52	8:06 1:36	13:15 5:09	19:33 6:18	20:49 1:16	22:43 1:54	26:21 3:38	27:36 1:15	28:57 1:21	30:35 1:38	33:21 2:46	34:49 1:28	
4	13	Rüdiger Reischuk Lübecker Turnersct	39:45	1:42 1:42 39:19 0:41	4:55 3:13 39:45 0:26	6:56 2:01	8:32 1:36	14:45 6:13	20:48 6:03	22:29 1:41	25:22 2:53	29:18 3:56	31:24 2:06	32:43 1:19	34:16 1:33	37:12 2:56	38:38 1:26	

